

Instructions for Use and Technical Description



Praktika 1 Positionable hospital bed





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Praktika 1

Positionable hospital bed

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1 Symbols and Definitions

1.1 Warning Notices

1.1.1 Types of Warning Notices

Warning notices are differentiated by the type of danger using the following key words:

- ► CAUTION warns about the risk of material damage.
- ► WARNING warns about the risk of physical injury.
- ▶ **DANGER** warns about the risk of fatal injury.

1.1.2 Structure of Warning Notices



SIGNAL WORDS!

Type and source of danger!

▶ Measures to avoid the danger.

1.2 Instructions

Structure of instructions:

► Perform this step. Results, if necessary.

1.3 Lists

Structure of bulleted lists:

- List level 1
 - □ List level 2
 - List level 3



1.4 Symbols on the Package

	FRAGILE, HANDLE WITH CARE
	THIS WAY UP
	KEEP DRY (PROTECT FROM HUMIDITY)
PAP	PAPER RECYCLING SYMBOL
	DO NOT USE HAND TRUCK HERE
	DO NOT STACK DURING STORAGE



1.5 Symbols and Labels on the Bed

	READ INSTRUCTIONS FOR USE		
<u>^</u>	WARNING!		
	WARNING AGAINST CRUSHING OR TRAPPING!		
	CAUTION. REFER TO THE INSTRUCTIONS FOR USE TO INFORM YOURSELF ABOUT RISKS WHEN REMOVING HEAD BOARD OR FOOT BOARD		
G C	DESCRIPTION "HOW TO CONTROL LEVER MECHANISMS"		
	USE MATTRESS RECOMMENDED BY MANUFACTURER		
	DO NOT PLACE LIFTING POLE IN THIS PLACE		
<u>△</u> =200 kg	SAFE WORKING LOAD (SWL)		
് =165 kg	MAXIMUM WEIGHT OF PATIENT		
△ =90 kg	WEIGHT OF BED		
	ONLY SUITABLE FOR INDOOR USE		
†	PROTECTION AGAINST ACCIDENTS DUE TO ELECTRICAL CURRENT – TYPE B APPLIED PARTS		



CE	CE MARK OF CONFORMITY WITH EU REGULATION	
+ 11 + 11 + 12 + 140 kg ≥146 cm BMI≥17	DESIGNATION OF HOSPITAL BED FOR ADULTS	
多公	RECYCLING SYMBOL	
	DO NOT POLLUTE THE ENVIRONMENT	
MD	MEDICAL DEVICE (compatible with Medical Device Regulation)	
	MASS OF MOBILE HOSPITAL BED (MASS OF EMPTY BED + SAFE WORKING LOAD)	
UK	UK CONFORMITY ASSESSED (UKCA) MARKING (PRODUCT NORMATIVELY HARMONIZED FOR GREAT BRITAIN ECONOMIC AREA)	
UK REP	AUTHORIZED REPRESENTATIVE IN GREAT BRITAIN	
CH REP	AUTHORIZED REPRESENTATIVE IN SWITZERLAND	



1.6 Definitions

Basic Bed Configuration	the pricelist model configuration, not including a mattress	
Bed Weight	The value depends on the product configuration, accessories or customer adjustments.	
Clearance of Undercarriage	the height from the floor to the lowest point of the undercarriage between the castors, for the manipulation of accessories under a braked bed in the standard position	
Ergoframe	Ergoframe is the kinematic system of Mattress support platform Adjustment whose effect is the elimination of pressure on the patient's abdomen and pelvic area and frictional forces on the patient's back and legs.	
Maximum Patient Weight	Maximum Patient Weight depends on the application environment according to IEC 60601-2-52. For application environment 1 (intensive/critical care) and 2 (acute care) reduce Safe working Load by 65 kg. For application environment 3 (long-term care) and 5 (ambulatory care) reduce Safe working Load by 35 kg.	
Safe Working Load	the highest allowable load on the bed (patient, mattress, accessories and the load supported by those accessories)	
Siderail Height	the height of the upper crossbar or the edges of the siderails (not the highest point of the siderail controls) from the patient surface	
Standard Bed Position	 The lowest height of the mattress support platform with regard to the floo The mattress support platform, including the individual parts, has to be in horizontal (level - 0°) position. The siderails are always locked in the upper position. The basic position of the integrated extension. 	
Adult	Patient having a physical size equal to or more than 146 cm, a mass equal to or more than 40 kg and a body mass index (BMI) equal to or more than 17 (according to IEC 60601-2-52).	
Mass of mobile hospital bed	Sum of empty bed mass and Safe Working Load.	

1.7 Abbreviations

CE	European Conformity	
CPR	Cardiopulmonary Resuscitation	
EAC	Eurasian Conformity	
dB	Sound Intensity Unit	
EMC	Electromagnetic Compatibility	
FET	Field-effect transistor	
HF	High Frequency	
ICU	Intensive Care Unit	
INT.	Duty Cycle	
IV	Intravenous	
LED	Light Emitting Diodes	
ME	Medical Electrical (Equipment)	
OFF	Deactivated	
ON	Activated	
REF	Reference number (product type depending on configuration)	
SCU	System Control Unit	
SN	Serial number	
SWL	Safe Working Load	
UDI	Unique Device Identification (for medical devices)	
WEEE	Waste Electrical and Electronic Equipment	



2 Safety Instructions



WARNING!

Praktika 1 bed should be left in its lowest position when the patient is unattended in order to reduce risk of injury due to falls!



WARNING!

Siderails of Praktika 1 should be located in the "up" position to reduce the risk of the patient accidentally slipping or rolling off the mattress!



WARNING!

Incompatible siderails and mattresses can cause an entrapment hazard!



WARNING!

When routing cables from other equipment in the Praktika 1 bed avoid squeezing those between parts of the Praktika 1 bed!



WARNING!

Praktika 1 bed should not be used with bed hoists and bed lifts!



WARNING!

To avoid risk of electric shock, this equipment must only be connected to a supply mains with protective earth.



WARNING!

During specific investigations or treatments the significant risks of reciprocal interference posed by medical electrical equipment may occur.



WARNING!

No modification of this equipment is allowed.



WARNING!

Do not modify this equipment without authorization of the manufacturer.



WARNING!

If this equipment is modified, appropriate inspection and testing must be conducted to ensure continued safe use of the equipment.



WARNING!

An additional multiple socket-outlet or extension cord shall not be connected to the medical electrical system.



WARNING!

Incompatible mattresses can create hazards.



WARNING!

The bed is intended for adults.

► Follow the chapter Intended use.





WARNING!

Length adjustment of the bed must be proportional to the height of patient!



WARNING!

Risk of trapping or squeezing because of patient's body constitution disproportionate to the size of mattress support platform!



WARNING!

Only use accessories approved by manufacturer! Injuries may occur in case of usage of other than approved accessories!



WARNING!

Any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established!



WARNING!

This medical device is not intended for oxygen enriched environment!



WARNING!

This medical device is not intended for use with flammable substances!



WARNING!

This medical device is not portable medical electrical equipment!



WARNING!

Patient is allowed to use selected control elements only if hospital personnel had assessed that the patient's physical and psychological state is in accordance with use of them and only if the hospital personnel had trained the patient in accordance with the instructions for use!



WARNING

Make sure the duty cycle (2 min ON/18 min OFF) is not exceeded during bed positioning!



- It is necessary to read the instructions for use before operating the bed.
- Follow the instructions carefully.
- Use the bed exclusively in its original condition.
- ▶ If necessary, check the bed functions daily or at each staff rotation.
- Ensure that the bed is operated exclusively by qualified personnel who have been trained according to the instructions for use.
- ► Ensure that the patient (health permitting) has been informed about the operation of the bed and all applicable safety instructions.
- ► Ensure the bed is only moved or positioned upon even, hard floor surfaces stated in chapter "Transport" and that environmental conditions meets conditions stated in chapter "Conditions of use".
- Replace any damaged parts immediately with original spare parts.
- Ensure maintenance and installations are performed only by qualified personnel who have been trained by the manufacturer.
- Do not apply excess weight or load to the bed according to SWL (safe working load).
- Only one adult patient can use the bed at any time.
- Take care to avoid injuries or squeezing when operating moving parts.
- When using lifting poles or infusion stands, ensure nothing will be damaged when you move or adjust the bed.
- Ensure castors are braked when the bed is not being moved, regardless of whether the bed is occupied or empty.
- ▶ Ensure that siderails are operated by healthcare personnel only.
- Never use the bed in areas where there is a hazard or risk of explosion.
- ► Ensure moving parts of the bed are not blocked.
- ► To prevent failures, use exclusively the manufacturer's original accessories and mattresses.
- Ensure the safe working load is not exceeded.
- Ensure the bed and its components are exclusively modified with the manufacturer's approval.
- Any non-observance of the instructions for use may lead to injuries or material damage.
- Ensure there is no risk of crushing or otherwise injuring the patient's limbs (e.g. between siderails and mattress support platform, between movable parts etc.) before positioning the bed or folding down the siderails.
- ▶ Ensure that nobody can get injured while folding the siderails.
- ► Ensure no injuries will occur when folding the siderails.
- Use exclusively split plastic or split telescopic siderails for confused or disoriented patients or add Protector to the single collapsible siderails.
- ▶ If the patient is left without supervision of hospital personnel during day, adjust the mattress support platform to recommended daily position (Fowler's position) with mattress support platform in lowest position and backrest adjusted to the angle of 30° in order to prevent the patient from falling or sustaining injuries.



3 Intended Use

The intended use is the hospitalization of the patient in the acute and long-term care units, which includes above all the following aspects:

- Adjustment of the specific positions needed for the preventive reasons, routine nursing, treatments, mobilization, physiotherapy, examinations, sleeping, and relaxation. These positions are further specified and described in the clinical evaluation of this device, together with their potential clinical outcomes and benefits.
- Providing the safe environment for the patient during all relevant procedures. The particular requirements on patient safety are the subject of the clinical evaluation, including evaluation of the risk/benefit ratio. The relevant safety issues are the part of the risk management file.
- ▶ Patient in-bed indoor transport out of the patient room.
- Providing the suitable working conditions for the caregivers to perform the routine and specific tasks during the patient hospitalization.

3.1 User population

- Adult patients (weight >= 40 kg, height >= 146 cm, BMI >= 17) in the acute and long-term care units (Application Environment 2 and 3, as in IEC 60601-2-52)
- Caregivers (nurses, doctors, technical personnel, transport personnel, cleaning personnel)

3.2 Contraindications

- ► The medical device is not intended for the pediatric patients use.
- Certain positions are not suitable for specific diagnoses/medical conditions (e.g. spinal cord injuries vs. Fowler position, higher ICP patients vs. Trendelenburg). Staff expert assessment / nursing consideration is needed in all individual case of contraindication.

3.3 Operator

- Caregiver
- Patient (based on individual patient status assessment by caregiver the patient can utilize dedicated device functions)

4 Incorrect Use

Praktika 1 is not suitable for:

- Patients
 - Not fulfilling conditions stated in chapter Intended Use.
- Use
 - Home care
 - Other than described in the instructions for use

NOTE For information concerning uses other than those outlined in the Intended Use section above, please contact LINET®.

LINET®'s efforts in research, design and manufacture ensure LINET® products are of the highest quality and fit for their intended purpose. However, LINET® can take no responsibility for any damage to the products or any harm to patients, staff or other individuals resulting from:

- Not following the instructions in the instructions for use, including warning notices.
- Using the product for a purpose other than the intended purpose stated in the relevant documentation provided by LINET® (see Intended Use).



5 Product Description

5.1 Praktika 1 - Split Plastic Siderails

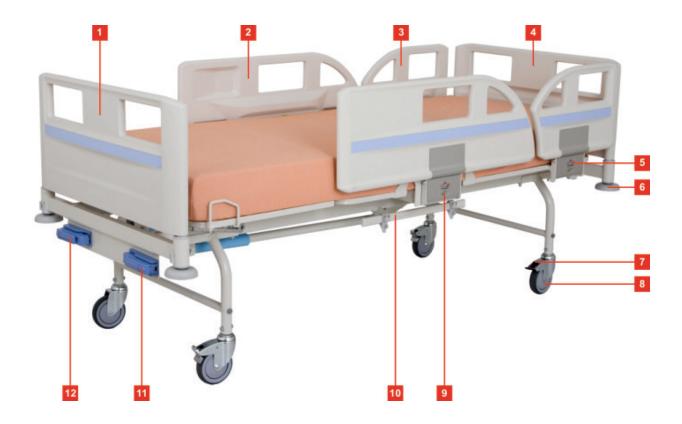


Fig. Praktika 1 with split plastic siderails

- 1. Foot Board
- 2. Center split plastic siderail in highest positions
- 3. Head split plastic siderail in highest positions
- 4. Head Board
- 5. Head siderail release mechanism
- 6. Protective bumper
- 7. Individual castor brake
- 8. Castor 125mm
- 9. Center siderail release mechanism
- 10. Accessory rail
- 11. Controlling lever for backrest positioning
- 12. Controlling lever for thighrest positioning



5.2 Praktika 1 – Single Collapsible Siderails



Fig. Praktika 1 with single collapsible siderails

- Foot Board
- Single collapsible siderail in highest positions
- 2. 3. 4. 5. Head Board
- Protective bumper
- Individual castor brake
- 6. Castor 125mm
- 7. Accessory rail
- 8. Siderail release mechanism
- 9. Controlling lever for backrest positioning
- Controlling lever for thighrest positioning



6 Technical Specification

6.1 Applied Parts Type B

All the parts of the bed which patient can reach are type B applied parts.

List of type B applied parts:

- Siderails
- Head Board and Foot Board
- ▶ Mattress support platform

6.2 Mechanical Specification

Parameter	Value
External dimension	
with split plastic siderails	248 v 00 5 cm
with single collapsible siderails	218 x 99,5 cm
Siderails height split plastic siderails	37,9 cm
single collapsible siderails (with Extender)	38,7 (+10 cm)
Mattress support platform dimension (mattress)	
Standard (mata-sas)	200 cm x 90 cm
Maximum height of mattress	
with split plastic siderails	15 cm
with single collapsible siderails (with Extender)	16 cm (26 cm)
Space underneath the bed	
split plastic siderails down / up	28/32 cm
single collapsible siderails down / up	32/32 cm
Mattress support platform height 125 mm castors	fixed height of 55 cm
Maximum angle of the backrest	70°
Maximum thighrest angle	34°
Ergoframe of the back and thight rest	10 + 6 cm
Weight of bed (depending on equipment)	1
split plastic siderails	80 kg
single collapsible siderails	90 kg
Safe Working Load (SWL)	
(including mattress and accessories)	
125 mm castors	200 kg
Safe Working Load is sum of weights:	
patient	165 kg
mattress + accessories	20 + 15 kg
Maximum weight of bed	125 kg
Mass Of Mobile Hospital Bed (mass of empty bed + safe working load)	305 kg
Maximum lifting pole load	75 kg
Controlling Lever Duty Cycle (INT.:)	2 minutes ON /18 minutes OFF
Environmental conditions - operation	
Temperature	+10 °C — +40 °C
Humidity	30 — 75 %
Atmospheric pressure	795 — 1060 hPa
Environmental conditions – storage and transport	
Temperature	-20°C — -50°C
Humidity Atmospheric pressure	20-90% (non-condensing) 795 — 1060 hPa
Authosphiene biessarie	130 — 1000 IIF a



7Use and storage Conditions

The bed may not be used and stored in indoor environments:

- Where there is a risk of explosion.
- Containing inflammable anaesthetics.

The bed is designed for use in rooms for medical purposes. Electrical installations must therefore meet local standards laying down the necessary conditions for electrical installations.

Disconnect the bed from the mains in exceptional cases (i.e. earthquake, lightning).

8 Scope of Delivery and Bed Variants

8.1 Scope of Delivery

Delivery:

The bed is delivered with dismounted head board and foot board, head bar and undercarriage. It is necessary to mount those parts to bed (according the chapter Assembly of Disassembled Bed). Upon receipt check that the shipment is complete as specified on the delivery note. Notify the carrier and supplier of any deficiencies or damages immediately as well as in writing or make a note on the delivery note.

8.2 Bed Variants

Features - Praktika 1 1F (model number is located on the serial label)

s = standard

o = optional

- Mattress support platform
- □ Mattress support platform consisting of steel parts (s)
- □ Mattress support platform consisting of removable plastic parts (o)
- Siderails
- □ Without siderails (s)
- □ Split plastic siderails (o)
- Single collapsible siderails (o)
- Head board and Foot board
- Removeable head board and foot board with coloured inserts (s)
- Castors
- □ 125 mm Tente Motion with individual brake (s)
- □ 125 mm Tente Motion with single axle brake (o)
- Control Elements
- □ Controlling levers for back / foot rest setttings (s)
- Other
- One pair of universal accessory holder (o)
- Segufix holders (o)
- □ Protector® (o)
- Extender® (o)
- □ Lifting pole holder (s) (head end)
- Accessory holder (o) (foot end)
- Powder Coating Colours
 - □ Powder coated steel parts RAL 9002 (white) (s)
 - □ Powder coated steel parts RAL 9006 (grey) (o)



9 Putting into Service



WARNING!

Risk of injury when working on the bed!

- ▶ Ensure that the bed is disconnected from the mains connection prior to putting into service, putting out of service and maintenance.
- Ensure that the castors are locked prior to putting into service, putting out of service and maintenance.



WARNING!

Material damage due to incorrect assembly!

▶ Ensure that putting into service is performed exclusively by manufacturer's customer service or trained hospital personnel.

Set up the bed as follows:

- Unpack the bed.
- Check the delivery.
- Install equipment and accessories.
- Install undercarriage, head bar and single collapsible siderails (if available) and head board and foot board.
- Move the bed only on suitable floor surfaces.
- Ensure all the required mechanical mechanisms are available and working.



9.1 Head Board and Foot Board



WARNING!

Risk of injury when inserting the head board and foot board!

- Always hold head board and foot board by their top corner handles with both hands when installing or removing.
 - Install head board and foot board before the first use.



WARNING!

Risk of injury due to incorrectly installed head board and foot board!

- Ensure head board and foot board are correctly inserted, especially when moving the bed.
 - Ensure head board lock and foot board lock are locked, especially when moving the bed.



Risk of injury when removing the head board and foot board!

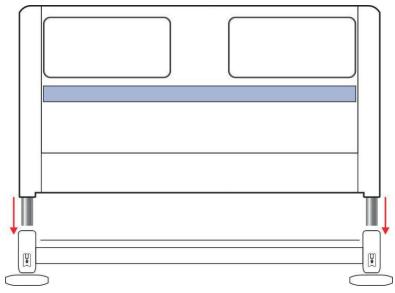
- Before removing head board and foot board, ensure siderails are folded down and there are no accessories attached to the head board and foot board.
- If a patient is lying in a bed with the head board and/or foot board removed, supervise the bed at all times.



WARNING!

Material damage due to excess load!

Ensure nobody sits on the head board and foot board.



Install head board or foot board as follows:

- Insert head board or foot board to its bushing in the direction of arrow. Decor must face out the bed.
- Lock head board and foot board (2).

Remove head board or foot board as follows:

- Unlock head board or foot board (1).
 - Remove the head board or foot board upwards.

NOTE: It is possible to install head board or foot board to the bushings with locked locks.

Fig. Installation of head board and foot board

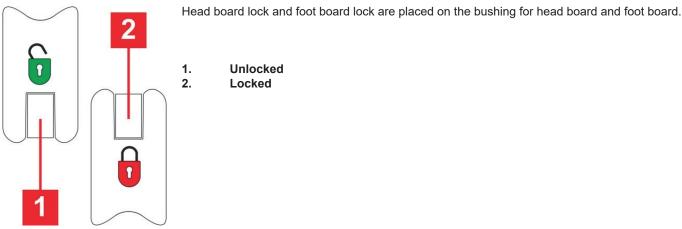


Fig. Positions of head board lock and foot board lock



9.2 Mattress support platform

Mattress support platform of Praktika 2 bed can bed made of fixed steel parts or optionable with removable plastic parts.





Fig. Steel mattress support platform

Fig. Mattress support platform with removable plastic parts

9.3 Initial Operation

Prepare the bed for service as follows:

- ► Check the functionality of positioning functions (backrest, thighrest, calfrest, bed height settings and TR/ATR positioning [if available]).
- ► Check the functionality of castors and its braking.
- Check if it is possible to remove head board and foot board.
- Check the functionality of siderails.

9.4 Transport

Observe the following for safe transport:

- ► Ensure the castors are unlocked before moving the bed during the loading/unloading process (see Castor Control and Bed Transport).
- Ensure the siderails are lifted and locked while the patient is on the bed during the transport.
- ▶ Move the bed only on suitable floor surfaces.

Suitable surfaces:

- Tile
- Hard linoleum
- Hard flooring

Unsuitable surfaces:

- Soft, unsealed or defective flooring
- Soft wooden flooring
- Soft and porous stone floors
- Carpeted floors with underlay
- Soft linoleum
- Ensure the brakes are released while moving the bed.



10 Assembly of Disassembled Bed

The bed can be delivered disassembled upon customer's request. In case the bed is delivered disassembled, continue according the instructions below to assemble and setup the bed.



Necessary tools:

- 2 pcs. of wrench no. 13
- ► 1 pc. of Torx TX30
- Pincers

Number of persons necessary for installation:

- Split siderails: 2-3 personsSingle collapsible siderails: 2 persons
- Remove all packaging material so only the beds remains on the palette.
- Remove binding ribbons (6 pieces) which are holding head bar and two pairs of undercarriage with castors from the bottom side of mattress support platform. When removing the binding ribbons, always hold the part which is being removed and place it on the clean and non-abrasive surface.



CAUTION!

Take extra care to remove correct binding ribbons. Otherwise there is risk of damaging the bed due unbinding incorrect parts of the bed.



▶ Instructions for use with connecting material necessary for correct assembly is placed between beds.

Scope of delivery: Undercarriage:

8 pcs	carriage bolt	M8x65
8 pcs	hexagonal nut	M8
8 pcs	distance washer	8.4

Head bar:

2 pcs tapping screw M6x20 2 pcs distance washer 6.4

Siderails:

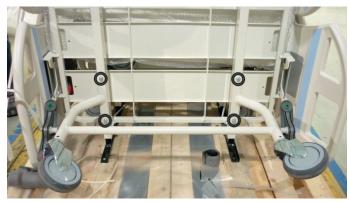
4 pcs hex-screw M8x55 (single collapsible)
4 pcs hex-screw M8x45 (split plastic)

4 pcs hexagonal nut M8 8 pcs distance washer 8.4





▶ Using 4 carriage bolts (M8x65) fix undercarriage to the foot end of the bed. Nut and distance washer are facing to the floor. Torque 8+2Nm.



▶ Using 4 carriage bolts (M8x65) fix undercarriage to the head end of the bed. Nut and distance washer are facing to the floor. Torque 8+2Nm.





- Cut off two straps on the sides which secures the bed to the palett.
- ▶ Remove securing strap placed between the levers, which fixes the first bed to the second one.









CAUTION!

Ensure that second person is supporting the bed before following steps. This will eliminate the risk of injury due bed falling!!!

- Remove two screws on the fixing thorns which are holding the bed in the vertical position.
- ► Repeat on the second side.



- ► Turn the castors into the direction of tilting.
- Brake the castors.



► Ensure that second and third person lifts up the head siderails during tilting the bed on the castors to avoid damaging the siderails.



CAUTION!

Non-following this step may cause damaging the siderails or mechanism of siderails.

► This only applies for split plastic siderails!!



- Grab the bed by its brace between foot undercarriage.
- ► Carefully tilt the bed down on its castors.



10.1 Head Bar Assembly

10.1.1 Split Plastic Siderails





- ▶ Remove the screws on fixing thorns on the both sides of the bed. Remove the nuts, distance washers and screws. Keep the screws for future use.
- Remove the fixing thorns.

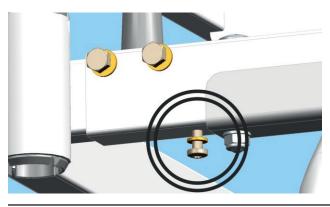


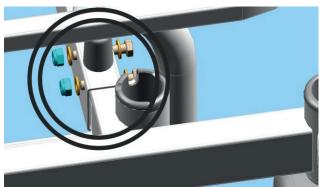


Insert the head bar inside the frame so the holes for screws bears on.



- Fix the head bar to the bed using 4 hex-screws (M8x45) see figure below.
- Secure the bar from the bottom using 2 tapping screws (M6x20) and 2 distance washers see figure below.







10.1.2 Single Collapsible Siderails



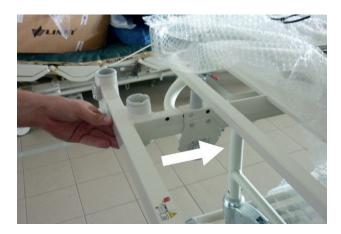


- Remove the screws on fixing thorns on the both sides of the bed. Remove the nuts, distance washers and screws. Keep the screws for future use.
- Remove the fixing thorns.



CAUTION!

Ensure that second persons holds the siderail when unscrewing the fixing thorns. You will release the attachment of the siderails to the frame by removing the screws. Non-following this instructions may lead to damaging the siderails or mechanism of siderails.





Insert the head bar into the frame so the holes for screws bears on. Lift up the siderail attachment if needed.





- Fix the head bar to the bed using 4 hex-screws (M8x55) as follows: screw-distance washer-siderail attachment-bed frame-head bar-bed frame-siderail attachment-distance washer-self locking nut (see figure above).
- Secure the bar from the bottom using 2 tapping screws (M6x20) and 2 distance washers (see figure above).



10.2 Finishing the Assembly and Functions Check



Visualy check the bed and remove all remaining binding ribbons.

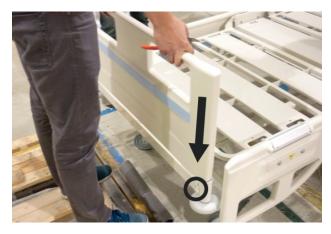
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CAUTION!

In case of non-following this instruction there is a risk of blockage followed by damaging the lever mechanism of the bed when positioning the bed!!!



- Remove all binding ribbons which fix head board and foot board to the mattress support platform (4 for head board and 4 for foot board).
- Unpack the head board and foot board from the foil.



- ► Insert the head board and foot board into the bushings in the direction of arrow.
- Lock the head board and foot board.



- Check:
- o Locking mechanism of the head board and foot board
- o Functionality of siderails
- o Positioning of the mattress support platform
- o Braking of the castors
- If everything works then the bed is ready to use.



11 Manipulation - Bed Positioning



WARNING!

Risk of injury when adjusting the bed!

▶ Secure or remove any items on the bed.

The bed is controlled via two control levers which are played on the bar under foot board.



- 1. Control lever thighrest positioning
- 2. Control lever backrest positioning

11.1 Positions of Levers



WARNING!

Risk of damaging the bed during transport!

Always set both levers into transport position before transporting the bed or when finished with bed positioning. Otherwise there is a risk of damaging the levers followed by disfunction of positioning functions.



Fig. Lever - transport position



Fig. Lever - working (controlling) position



11.2 Manipulation with Levers



CAUTION!

Risk of damaging the lever mechanism due to incorrect use!

► Always pull the lever completely before positioning the bed.

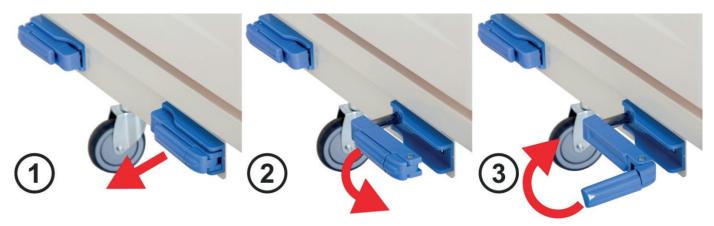


Fig. Setting the controlling lever to the working position

Set the lever to the working position as follows:

- Grab and pull the lever toward you (1).
- ► Tilt the handle toward you (2).
- Rotate the lever clockwise to (3) to raise height adjustment of the back/thighrest. Rotate the lever counterclockwise lower height adjustment of the back/thighrest.

Set the lever to transport position as follows:

Set the lever to transport position by reversing the process described above (2 and 1).



11.3 Bed Positioning

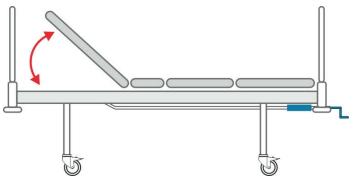


WARNING!

Risk of injury while positioning the bed!

- ▶ Ensure no objects are trapped between moving parts of the bed and mattress support platform.
- Ensure no objects are trapped between moving parts of the mattress support platform and undercarriage frame.
- Secure or remove any items on the bed.
- ► Ensure no persons or body parts are close to the bed or accessories (e.g. infusion stand, lifting pole) when the mattress support platform is moving.
- ► Ensure no objects are close to the bed or accessories (e.g. infusion stand, lifting pole) when the mattress platform is moving.
- lt is recommended to keep only one of the levers in working position. Otherwise collision between levers may
- Stop rotating the lever when you feel higher resistance from the lever in the final positions.

11.3.1 Backrest Positioning



It is necessary to set lever into its working position (see Manipulation with levers).



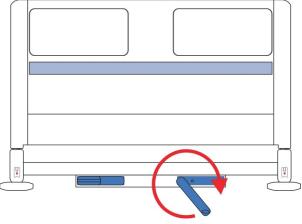


Fig. Raising the backrest

Raise the backrest as follows:

- Set the right ever to its working position.
- By rotating the lever clockwise, raise the backrest to desired position.



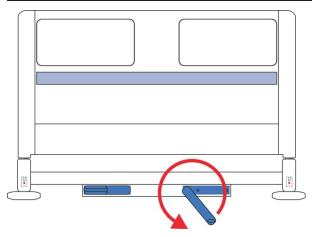


Fig. Lowering the backrest

Lower the backrest as follows:

- ► Set the right lever to its working position.
- By rotating the lever counterclockwise, lower the backrest to desired position.

11.3.2 Thighrest Positioning

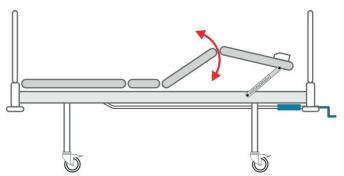


Fig. Thighrest positioning

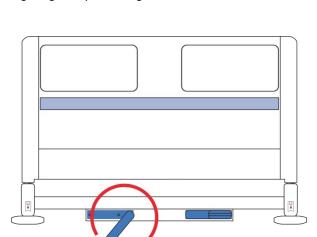


Fig. Raising the thighrest

It is necessary to set lever into its working position (see Manipulation with levers).

Raise the thighrest as follows:

- Set the left lever to its working position.
- By rotating the lever clockwise, raise the thighrest to desired position.

NOTE: Calfrest is positioned simultaneously when positioning thighrest depending on the position of raster. Positioning by raster is described in chapter Mechanical positioning of calfrest.



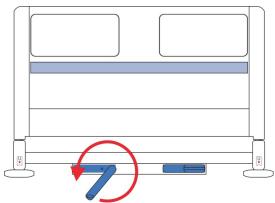
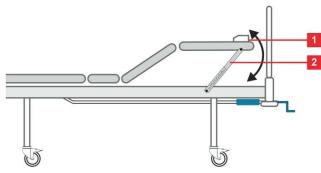


Fig. Lowering the thighrest

Lower the backrest as follows:

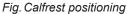
- ► Set the left lever to its working position.
- By rotating the lever counterclockwise, lower the thighrest to desired position.

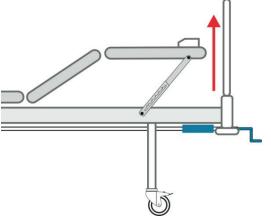
11.3.3 Mechanical positioning of calfrest



Calfrest can be positioned mechanically using raster.

- 1. Mattress holder / Calfrest handle
- 2. Mechanical raster





Raise the calfrest as follows:

- ► Grab the calfrest handle 1.
- ▶ Pull the handle upwards until desired position is reached.
- ► Ensure that pin is locked in its place.

Fig. Raising the calfrest

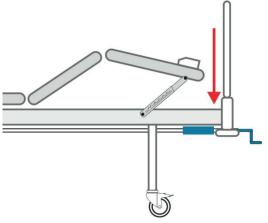


Fig. Lowering the calfrest

Lower the calfrest as follows:

- Grab the calfrest handle 1.
- Pull the calfrest to its highest position and then lower the calfrest to its lowest position.



11.4 Quick Backrest Lowering for the Crisis Situations

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WARNING!

Risk of injury due to lowering the backrest too quickly!

- ▶ Ensure single collapsible siderails are in their lowest position.
- Ensure split plastic siderails are in their highest position.
- Ensure there are no body parts between siderails and backrest.

The bed allows quick mechanical lowering of the backrest using quick counterclockwise rotatition of the right lever. Backrest will lower to horizontal position after approx. 30 seconds.

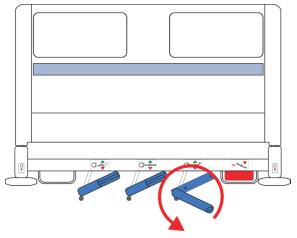


Fig. Quick lowering of the backrest

Mechanical lowering of the backrest:

- Set the right lever to its working position.
- By quick rotation of the lever counterclockwise lower the backrest to horizontal position.



12 Siderails



WARNING!

Risk of injury due to crushing!

- ► Ensure that there are no objects or body parts between siderail and mattress support platform when folding the siderail up or down.
- ▶ Ensure that no body part or objects are under the siderail when folding the siderail down.
- It is necessary to take extra care and attention when locking the siderails in the top position. Hospital staff must ensure the siderail is locked in its highest position by pushing the siderail to head and foot end of the bed. The risk of spontaneous folding of the siderail may occur when the siderail is not properly locked and it can injure the patient, staff or the third parties.



WARNING!

Risk of injury due to patient falling out of bed!

- Ensure that folded-up siderails are securely anchored. Press against siderails from inside in order to check stability.
- Hospital personnel are responsible for ensuring siderails are folded-up when the bed is occupied.

Siderails are components of the bed and cannot be dismounted. The hospital personnel is responsible that siderails are locked in the highest position when the patient is on the bed.

Siderail types:

- Without siderails
- Single collapsible siderails controlled from bottom
- Split plastic siderails

12.1 Single Collapsible Siderails – Controlled From Bottom

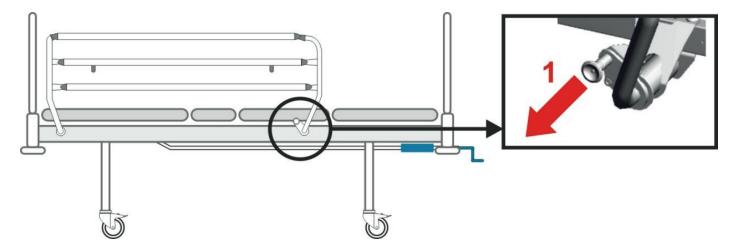


Fig. Siderail manipulation - Single collapsible siderails controlled from bottom

Fold siderails down as follows:

- Pull out the lever 1 toward yourself.
- ▶ Push the siderail towards foot end of the bed.
- To fold siderail up push the siderail up. Siderails will click in into place and lock automatically (audible "click" will be heard).



12.2 Split Plastic Siderails

Fold siderails down as follows:

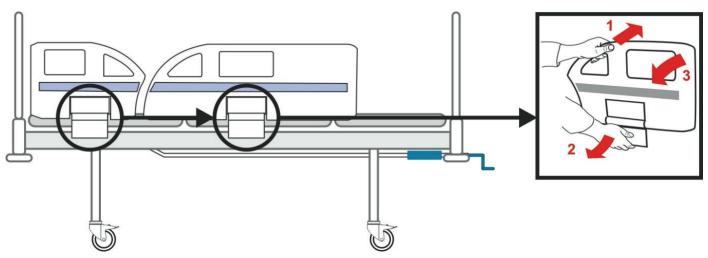


Fig. Siderail manipulation - Split plastic siderail

- Grab the upper handle of the siderail and push towards mattress support platform 1.
- ▶ Pull out the locking mechanism 2 to unlock.
- ► Fold the siderail down 3.

NOTE In certain cases (e.g. when there is no weight on the siderails), it is possible to unlock the split plastic siderail only be pulling out the locking mechanism 2. This does not mean that the mechanism is faulty. The manufacturer recommends always using the procedure described above.

Fold siderails up as follows:

- ▶ Grab the siderail by the upper part of its handle.
- Pull siderail until it latches.
- ► The locking of each siderail is indicated by an audible 'click'when locked in place.
- Ensure that the siderail is locked properly.

13 Castor Control and Bed Transport



WARNING!

Material damage due to incorrect transport or involuntary movement!

- Prior to assembly, disassembly and maintenance, ensure the castors are locked.
- ▶ Ensure the castors are locked while the bed is occupied and/or not being transported.
- Have the bed transported only by nursing or trained personnel.
- ▶ Ensure that all castors are braked if the bed is not being transported.



WARNING!

Risk of damaging the bed during transport!

Always set both levers into transport position before transporting the bed. Otherwise there is a risk of damaging the levers followed by disfunction of positioning functions.

Castor types:

- Castors with individual brake
- Castors with single axle brake at the foot end, 2 brakes with individual brake at head end

Bed transport:

- Fold the siderails up.
- Transport the bed using handles on the head board and foot board.



13.1 Castors with Individual Brake

Castors are unbraked

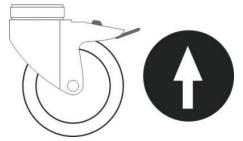


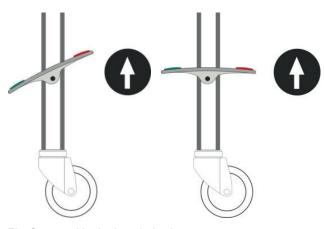
Fig. Castor with individual brake

Castors are braked



13.2 Castors with Single Axe Brake

Castors are unbraked



Castors are braked

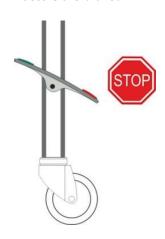


Fig. Castor with single axle brake

14 Equipment

14.1 Accessory Rail



WARNING!

Risk of injuring the personnel, patients or risk of damaging the bed due to incorrect placement of the accessories!

Always ensure the accessory placed on the accessory rail is not in collision with bed or with patient.

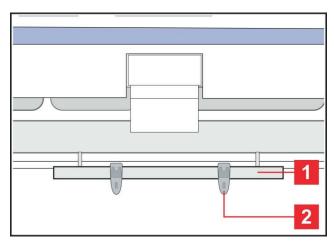


Fig. Accessory rail

Accessory rail 1 is placed on both sides in the middle of the bed. Each rail contains two hooks 2 which are designed for holding different types of accessory.

Load capacity:

- Maximum load per hook is 5 kg
- Maximum load per rail is 10 kg

Accessories suitable for accessory rail:

- Urine bag (holder)
- Urine bottle (holder)
- Cannula holder
- Radon bottle holder



15 Mattress

The manufacturer recommends the use of the following mattress systems on the Praktika 1 bed:

- **■** EFFECTACARE 10
- **■** EFFECTACARE 20
- **■** PRIMACARE 10
- PRIMACARE 20
- CLINICARE 10
- CLINICARE 20
- CLINICARE 30

16 Accessories



WARNING!

Risk of injury due to incompatible accessories!

- Only the manufacturers original accessories can be used.
- ▶ The manufacturer assumes no responsibility for the use of accessories not approved by the manufacturer.

NOTE: All accessories conform to IEC 60601-2-52.

The following accessories are suitable for Praktika 1:

- Accessory rail
- Lifting pole
- Infusion stand
- Protector®
- Extender

16.1 Bushings for Accessories

Bushings for accessories are placed in the corners of bed head end.

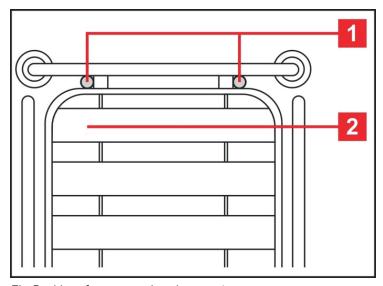


Fig. Bushings for accessories placement

Following accessories can be placed int o bushings:

- Lifting pole
- Infusion stand
- 1. Bushings for accessories placement
- 2. Backrest



16.2 Lifting Pole

\triangle

WARNING!

Risk of patient's injury or damage to the bed due to incorrect use!

- ► Never exceed the maximum load of lifting pole 75 kg.
- ▶ Never use the lifting pole for rehabilitation exercises.
- ▶ To prevent the bed from tipping over, ensure the lifting pole does not project out from the bed.
- ► Replace plastic grab handle every 4 years.
- ► The lifting pole is not designed for hanging any kind of accessories, controllers etc. except triangular holder.

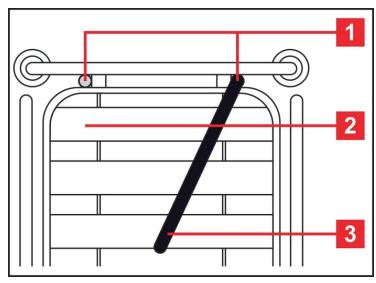


Fig. Lifting pole (top view)

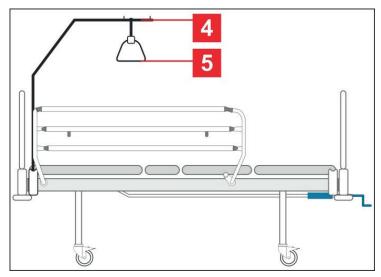


Fig. Lifting pole (side view)

- 1. Bushings for lifting pole placement
- 2. Backrest
- 3. Lifting pole in working position (top view)
- 4. Lifting pole in working position (side view)
- 5. Grab handle

Lifting pole innstallation:

- Insert lifting pole 3/4 to one bushings 1 in the head end corners.
- Ensure the safety pin locks are in place.
- Hang the plastic grab 5 handle on the lifting pole.

Placement:

▶ In the bushing for lifting pole on the head end.

Load capacity:

Maximum load of liftin pole is 75 kg.

Lifting pole positions:

- Over the backrest 4 (working position)
- Parallel to the head board (when not in use)

NOTE Lifting pole is not a part of delivery and needs to be ordered separately.

NOTE The date of manufacture is marked on the plastic grab handle. Replace the handle every 4 years.



16.3 Infusion Stand



WARNING!

Risk of injury or collision when placing other accessories than described in the instructions for use!

- Use infusion stands exclusively for accessories listed in the instructions for use.
- ▶ Only mount an infusion pump to the lower (wider) telescopic section of an infusion stand above the head board / foot board.
- Never mount an infusion pump to the upper (thiner) telescopic section of an infusion stand.
- ► Ensure the infusion pump will not collide with any movable parts of the bed (especially Backrest part) or with the patient. This must be verified during installation.
- ▶ Do not use the infusion stand as driving/pushing device during the bed transport.
- In case of failure to comply those instructions there is a risk of collision of accessories with movable parts of the bed or injury of the patient.

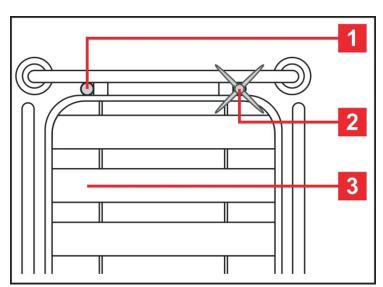


Fig. Infusion stand (top view)

- 1. Bushings for infusion stand placement
- 2. Installed infusion stand (top view)
- 3 Backrest
- 4. Installed infusion stand (side view)

Installation:

- Insert infusion stand to one bushings 1 in the head end corners.
- Ensure the safety pin locks are in place.

Infusion stand placement:

In the bushing for infusion stand on the head end.

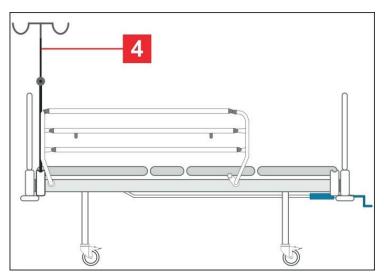


Fig. Infusion stand (side view)

Use:

 Use infusion stands only for hanging infusions and baskets for intravenous solutions.

Load capacity:

- Maximum load capacity per hook: 2 kg.
- Maximum load capacity of infusion stand: 20 kg.

NOTE Ensure the maximum load of infusion stand or single hook is not exceeded.



16.4 Protector®



WARNING!

Risk of injury due to patient falling out of bed!

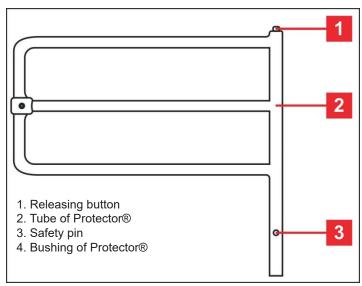
- Ensure the Protector® is securely anchored to the bushing.
- To check stability, push the Protector® up without touching the release button.
- Always check the siderail is properly locked.



WARNING!

Risk of damaging the bed or injuring the patient!

- ▶ Do not mount head board or foot board to Protector® bushing (3).
- ▶ Do not mount lifting pole to Protector® bushing (3).



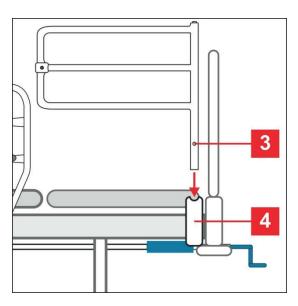


Fig. Protector® - description and installation

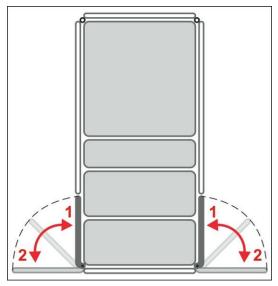


Fig. Protector® positions

Install Protector® to closed position as follows:

- Insert tube of Protector® 2 to the bushing 4 near foot end so the Protector® is facing the siderail.
- Safety pin 3 must be locked in place 4.

Install Protector® to opened position as follows:

Insert tube of Protector® 2 to the bushing 4 near foot end so the Protector® is facing out from the bed.

Uninstall Protector® as follows:

- Press and hold the releasing button 1.
- Pull the Protector® upwards.
- 1. Closed position
- 2. Opened position



16.5 Extender – for Single Collapsible Siderails



WARNING!

Risk of injury or collision due to incorrect use!

- Extender can be used only with single collapsible siderails. Manufacturer will held no responsibility due using the Extender with different types of siderails.
- ▶ Movement of the bed must be considered if the Extender is installed.
- Use of the Extender in other manners than described in the instructions for use is on the responsibility of hospital personnel. Manufacturer will held no responsibility for incorrect use.

Extender is adapte for siderails. It is recommended to use Extender when placing higher mattress on the bed than recommended by manufacturer. Extender will raise the height of siderails and also safety of the patient during sleep time. Extender is designed for single collapsible siderails only.

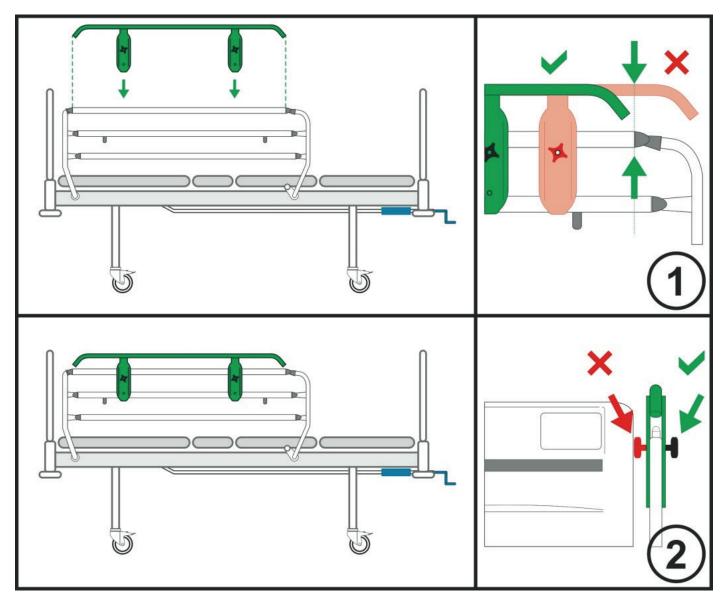


Fig. Extender installation

Extender installation:

- ▶ Place the Extender® (without securing screws) on the upper edge of the siderail (1)
- ▶ Sid rails must be folded up in highest position. Square hole of Extender is pointed on the mattress support platform.
- ▶ Insert screws from the inside of the bed thru the square holes of the Extender.
- Secure the screws with plastic rosette nuts and tighten (2). Nuts are facing out the bed.
- Check the Extender is secured properly by pushing it sideways.



17 Cleaning/Disinfection



WARNING!

Risk of injury when working on the bed!

- Pay extra attention when cleaning any movable or controlling mechanisms of the bed to prevent invol-untary activation, entrapping or crushing.
- ▶ Cleaning should be entrusted to the person who has been trained to control the bed.



WARNING!

Risk of damaging the bed due to use of incorrect cleaning detergents or cleaning processes!

- The bed is not designed for machine washing.
- ▶ The bed is not designed for cleaning by spraying, showering nor for pressure or steam cleaners.
- The selection of cleaning detergents/disinfections and their correct concentration is responsibility of responsible person in charge of cleaning/disinfection in accordance with the informations provided in the instructions for use.
- Never use germicidal or other radiants for disinfection of the bed, if those radiants act directly on the bed.
- ► Follow these instructions and follow the prescribed dosage by the manufacturer of cleaning detergents.
- ▶ Not following recommended processes may result in damaging or deterioration of the bed condition.
- ► Check if used cleaning agents and disinfectants are compatible with materials that the product consists of! For information see the following table.

BED COMPONENTS THAT ARE INTENDED TO BE CLEANED	MATERIALS (SURFACES OF THE MENTIONED BED COMPONENTS)
Do not clean what is not mentioned in this column!	Competent user is responsible for check if used cleaning agents and disinfectants are compatible with mentioned materials!
Head board and foot board	Polypropylene (PP)
Head siderails and foot siderails	Polypropylene (PP)
Decors (head board, foot board, head siderails, foot siderails)	Acrylonitrile butadiene styrene (ABS)
Single Collapsible Siderails (3/4 siderails)	Lacquered steel (Fe) + Polyamide (PA)
Mattress support platform covers (Backrest)	Acrylonitrile butadiene styrene (ABS) + Lacquered steel (Fe)
Mattress support platform covers (Thighrest, Calfrest)	Acrylonitrile butadiene styrene (ABS) + Lacquered steel (Fe)
Seat section	Lacquered steel (Fe)
Castors	ZnCr-coated steel (Fe)
Castor control levers	Polyamide (PA)
Frame of the mattress support plat- form	Lacquered steel (Fe)
Undercarriage	Lacquered steel (Fe)
Corner bumpers	Polypropylene (PP)
Labels	siliconized paper with lamination or with resin
Accessory rail	Lacquered steel (Fe) + Polyethylene (PE)
Control levers	Acrylonitrile butadiene styrene (ABS)



17.1 Safety Instructions for Cleaning and Disinfection of the Bed

Preparation for cleaning:

- Drive the bed on a place where the cleaning process will be performed and then brake the bed.
- Position backrest and thighrest so the back side of those parts are accessible for cleaning.

Recommendations for cleaning:

- Only use detergents designed for cleaning the medical technologies.
- ▶ Dilute the detergents in accordance with instructions from manufacturer of detergents.
- Never use any strong acids or bases. Optimal pH range is 6-8.
- Never use abrasive powders, steel wool or other materials and detergents that may damage the surface of the bed.
- Never use detergents with solvents that may affect the structure and consistency of the plastic parts (benzene, toluene, acetone etc.).

Cleaning process:

- Clean by wiping the bed with damp, well-wrung textile material.
- The detergent can be applied by spraying on bed or on the textile material.
- Perform cleaning and disinfection of the bed in the appropriate range. The range of cleaning and disinfection should be distinguished according to the degree of contamination of the bed and the cleaning mode (daily, before changing patient or complete).
- ▶ Let the bed dry completely after cleaning or disinfection process.
- After drying the bed place the mattress back on the mattress support platform.
- After drying the bed check functions of the bed.

17.2 General Instructions for Cleaning and Disinfection

17.2.1 Daily Cleaning

It is recommended to clean all parts of the bed which are often touched by patient or personnel (e.g. siderails, head board and foot board, lifting pole etc.) and all handles, all control elements and accessory rails.

17.2.2 Cleaning before Changing Patients

It is recommended to completely clean and disinfects all parts of the bed which are touched by patient or personnel (see Daily Cleaning), mattress support platform and mattress.

17.2.3 Complete Cleaning / Cleaning before First Use

It is recommended to clean the bed completely before the first use and then at least once in 4-8 weeks.

17.2.4 Cleaning of Spilled Fluids

Spilled fluids should be cleaned as soon as possible. Always disconnect the bed from mains before cleaning the spilled fluids. Some fluids used in health care may cause permanent stains.

17.2.5 Damaged Foam Mattress

Mattress should be periodically checked for cracks, holes or cracks that may affect the integrity, water resistance or resistance to infections of the cover. Contact the service department of the manufacturer according to scope of damage to cover.

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17.3 Choosing of Detergents or Disinfections



CAUTION!

Risk of damaging the bed due to use of incorrect detergent!

Always consult choosing of the detergent and its dilution with manufacturer of the detergents according to the material table below.

Part of bed – Praktika 1	Daily C&D	Changing patient C&D	Complete C&D
Stickers (Split plastic siderails)	$\overline{\square}$		
Stickers (Single collapsible siderails)	Ø	Ø	☑
Plastic mattress support platform	X	Ø	
Steel mattress support plat- form	X	Ø	☑
Handle of positioning lever	$\overline{\checkmark}$		
Siderails mechanisms			
Head Board and Foot Board (stickers)	Ø	Ø	☑
Corner bumpers	X		
Undercarriage frame	×	×	
Castors	×	X	\checkmark



18 Troubleshooting

Error/Fault	Cause	Solution
Adjusting functions of mattress support	There is an object under mattress plaftorm.	Remove the object.
platform are not working	Defective mechanism.	Notify service department.
Back/thighrest cannot be lowered from the highest positiion.	There is an object under the bac-krest or in the lifting mechanism.	Remove the object.
Adjusting siderail is not possible	The siderail lock is dirty	Clean the locking mechanism.
	Defective siderail lock	Notify service department.
Faulty brakes	The brakes are blocked by dirt.	Clean the brake system.
	Defective brake mechanism	Notify service department.
Head board/foot board cannot be inserted	The head board/foot board is in the wrong position.	Position head board/foot board correctly.
Noisy mechanism of backrest, thighrest or mattress support platform adjustment	There is dirt in the mechanism.	Notify service department.



19 Maintenance



WARNING!

Risk of injury when working on the bed!

Ensure that the castors are locked prior to installation, putting into service, maintenance and deinstallation.



WARNING!

Risk of injury due to defective bed!

- ► Have a defective bed repaired immediately.
- ▶ If the defect cannot be repaired, do not use the bed.



CAUTION!

Material damage due to incorrect maintenance!

- ► Ensure that maintenance is performed exclusively by manufacturer's customer service or by authorised service personnel certified by the manufacturer.
- If the defect cannot be repaired, do not use the bed.

LINET ® recommends attaching the maintenance plaque to the bed.

19.1 Regular maintenance

- Check regularly movable parts for wear.
- Perform regularly visual check of the product (with delivery note if necessary).
- Ask service department of the manufacturer for addition of the original spare parts if some product parts are missing.
- Ask service department of the manufacturer for replacement of any damaged product parts by the original spare parts.
- ► Check regularly that all accessories are working properly.
- Replace damaged accessories immediately.

19.2 Spare Parts

The serial label is located on the frame of the mattress support platform. The serial label contains information for claims and ordering replacement parts.

Information about spare parts is available from:

- Manufacturer's customer service
- Sales department

19.3 Safety Technical Checks



WARNING!

Risk of injury due to incorrect safety technical checks!

- ▶ Ensure that safety technical checks are performed exclusively by manufacturer's customer service or by authorised service personnel certified by the manufacturer.
- ▶ Ensure that the safety technical checks are recorded in the service and maintenance log.

Safety technical check of the medical bed must be performed at least once every 12 months.

The procedure for performing the safety technical check is stipulated in EN 62353:2014.

NOTE On request, the manufacturer will provide service documentation (e.g. circuit diagrams, component part lists, descriptions, calibration instructions etc.) for service personnel for the repair of the equipment designated by the manufacturer as repairable by service personnel.

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20 Disposal

20.1 Environment Protection

The company LINET® is aware of the importance of environmental protection for future generations. Within this company the environmental management system is applied in accordance with the internationally agreed standard ISO 14001. The compliance with this standard is annually tested by the external audit executed by an authorised company.

Materials used in this product are not environmentally hazardous. LINET® products meet valid requirements of national and European legislation in the areas of **RoHS** and **REACH**, so they do not contain any prohibited substances in excess quantities. None of the wooden parts is made of tropical wood (such as mahogany, rosewood, ebony, teak etc.) or made of timber from the Amazon region or from similar rainforests. Product noise (sound pressure level) meets requirements of the regulations for the protection of public health against undesirable effects of noise and vibration in protected interior spaces of buildings (according to standard IEC 60601-2-52). Used packaging materials are in accordance with requirements of the Packaging Act (**Zákon o obalech**). For disposal of packaging materials after installation of products contact your sales representative or manufacturer's customer service about the possibility of a free take-back of packaging through an authorized company (more details on **www.linet.cz**).

20.2 Disposal

20.2.1 Within Europe

To dispose of the equipment:

- ▶ The equipment must not be disposed of as household waste.
- Dispose of this equipment at designated collection points or take-back points.

LINET® participates in a collective system with take-back company REMA System (see **www.remasystem.cz/sberna-mista/**). By bringing electric and electronic equipment to a take-back point, you participate in recycling and you save primary raw material resources while protecting your environment from effects of unprofessional disposal.

20.2.2 Outside Europe

- Dispose of the product or its components in accordance with local laws and regulations!
- Hire an approved waste disposal company for disposal!

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21 Warranty

LINET ® will only be held responsible for the safety and reliability of products that are regularly serviced, maintained and used in accordance with the safety guidelines.

Should a serious defect arise that cannot be repaired during maintenance:

Do not continue to use the bed.

This product is covered by a 24-month warranty from the date of purchase. The warranty covers all material and manufacturing-related failures and errors. Failures and errors caused by incorrect use and external effects are not covered. Justified complaints will be fixed free of charge during the warranty period. Proof of purchase, with the date of purchase, is required for all warranty service. Our standard terms and conditions apply.

22 Standards and Regulations

Apllied norms are stated on Declaration of Conformity.

The manufacturer adheres to a certifi ed quality management system in compliance with the following standards:

- ISO 9001
- ISO 14001
- ISO 13485
- MDSAP (Medical Device Single Audit Program)